

Health and Wellness

AAFC Fall Conference

September 23, 2016

Department of Education

Jerri Clark



Addressing Student Health Needs to Move Achievement ForwARd



SCHOOL HEALTH SERVICES
Creating and Sustaining a Healthy School Culture

September 2016



No Child Left Behind
Every Student Succeeds
“falling through the crack”
Closing the Achievement Gap

Dr. Charles Basch says it best.....

“I have learned one great truth. The answer to all our national problems – the answer to all of the problems of the world – come to a single word. That word is EDUCATION.”

Lyndon B. Johnson



Significant Changes in K-12 Education



Report ranks counties' overall health

Benton County rated healthiest in state; Phillips County at bottom of list

TERESA MOSS

ARKANSAS DEMOCRAT-GAZETTE

The 2014 County Health Rankings puts Benton, Washington, Faulkner, Saline and Pike counties at the top of the pack in overall health outcomes in Arkansas.

The report was released Wednesday by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. Multiple health factors are analyzed in the report including alcohol and drug use, access to care, education and housing.

Benton County has ranked as the healthiest county in the state since the annual report started in 2010. Phillips County has ranked as the least healthiest county in four of the five reports. Other counties ranked in the lowest five state include Ouachi-

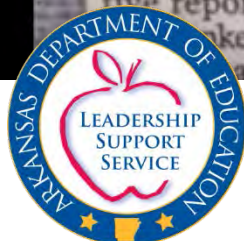


Arkansas county health rankings

County Health Rankings and Roadmaps released rankings on Wednesday. The rankings measure multiple factors such as tobacco use, diet and exercise, access to care, education and housing conditions.

Rank

- 1-15
- 16-30
- 31-45
- 46-60
- 61-75



FTZ SUMMER @ THE ARCHIVE TOLKIN 2008



HI! WE'RE EVERY SOCIAL PROBLEM IN AMERICA THAT YOU CAN NAME ROLLED INTO A
HERD OF TOO MANY HUMANS FOR ONE MERE MORTAL TO MANAGE---LET ALONE
TEACH. WHERE DO YOU WANT US TO SIT?

School Health Services

The FACTS

- Barriers that potentially negatively impact student academic success:
 - As of 2012, 1 in every 3 children in Arkansas are identified as overweight or obese.
 - 149 schools in Arkansas who completed the 2012-2013 Arkansas School Nurse Survey reported 21% of the students they serve suffer from some type of Chronic disease.
 - 26.8%% (2012) of Arkansas children live at or below the poverty level. (U.S. Census Bureau)
 - Nationally, only about 7% of youth who are in need of mental health services actually received the needed services.



10 Targeted Health Areas

- Health Education
- Community Involvement
- Family Engagement
- Employee Wellness
- Physical Environment
- Social & Emotional Climate
- Healthcare Services
- Nutrition Environment & Services
- Physical Education & Physical Activity
- Counseling & Psychological and Social Services



State Education Policy Update

- Rules Governing Nutrition and Physical Activity in Schools
 - [Commissioner's Memo COM-16-088](#)
 - PE Minutes
 - Declared School Day
 - Afternoon snack, smart snack compliant
 - Accountability



1. Student Health Information

- HEARING SCREENINGS

- ✓ [A.C.A. § 6-18-701](#); SIS Page 89
- ✓ Person Responsible for screening– School Nurse
- ✓ Person Responsible for entering data – School Nurse
- ✓ Cycle 7 – June 15th

***Intent:** Early intervention to hearing issues students may be experiencing causing a direct negative impact on learning.



Hearing Screening

Hearing

ID: 01031 Building: Building 1 Grade: 01

Grade	Date	Location	Right Ear	Left Ear	Detail	Referral	Note	Delete
01 First Grade	7/27/2015	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>



Student Health Information

- Immunizations


- ✓ [ADE Rules Governing Kindergarten through 12th Grade Immunization Requirements for Arkansas Public Schools](#); SIS Page 90
- ✓ Person Responsible for screening– School Nurse
- ✓ Person Responsible for entering data – School Nurse
- ✓ Cycle 3 – Nov. 15th

***Intent:** Monitor all minors in the state meeting “immi” requirements, and lessen spread of infectious disease.



WARNING! Notify the school nurse when student records are being transferred to another district, as he/she may have additional health records that need to be transferred.

Immunizations

Immunizations			
ID: <u>01031</u>	Building: Building 1	Grade: 01	
	Birthdate: 4/1/2008	Age: 7:3	
	<input type="button" value="Save"/>	<input type="button" value="Search"/>	<input type="button" value="List"/>

Status Calculated:	Student Status:	NR - No Record	Override: <input type="checkbox"/>
Student Exemption:		District Entry Date:	8/15/2011
Comments:	<div style="border: 1px solid #ccc; height: 100px; width: 100%;"></div>		

List of Vaccinations														
Vaccination	Exemption	Series Total	Shots Total	Dates								Series Status	Referrals	Delete
DTaP - Diphtheria-Tetanus-Pertussis	<input type="checkbox"/>	5	5	6/3/2009		7/30/2009		10/2/2009		4/2/2010		4/6/2013		N/A
TDaP - Tetanus/Diph/Acell Pertussis	<input type="checkbox"/>	0	0											N/A
IPV/OPV - Polio	<input type="checkbox"/>	4	4	6/6/2009		7/30/2009		10/2/2009		4/6/2010				N/A
HepA - Hepatitis A	<input type="checkbox"/>	0	0											N/A
HepB - Hepatitis B	<input type="checkbox"/>	3	3	4/1/2009		6/3/2009		9/2/2009						N/A
MMR - Measles Mumps Rubella	<input type="checkbox"/>	2	2	4/4/2010		4/6/2013								N/A
VARICELLA - Varicella	<input type="checkbox"/>	1	1	4/2/2010										N/A
MCV4 - Meningococcal Conjugate	<input type="checkbox"/>	0	0											N/A
EPSOT - EPSOT	<input type="checkbox"/>	N/A	0											N/A
<input type="checkbox"/>	<input type="checkbox"/>	0	0											N/A



Student Health Information

- Vision Screening

- ✓ Act 1438 of 2005; [A.C.A. § 6-18-1501](#); SIS Page 92
- ✓ Person Responsible for screening– School Nurse
- ✓ Person Responsible for entering data – School Nurse
- ✓ Cycle 3 & 6 – Nov 15 & April 15

*NOTE: Cycle 3 is preliminary, however, Cycle 6 must reflect all screenings.

***Intent:** Early intervention to vision issues students may be experiencing causing a direct negative impact on learning.



Vision Screening

Vision Exam

ID: 01031 Name: Banks, Lisa Marie Building: Building 1 Grade: 01

Grade	Date	Exam Time	Location	External Exam	Right w/ Glasses	Left w/ Glasses	Vision 20	Plus 20 Test 20	LAT MB (Far)	VERT MB (Far)	Fusion (Far)	LAT MB (Near)	Fusion (Near)	Color	Referrals	Notes	Delete
01	<input type="button" value="v"/> First Grade	07/27/2015 <input type="button" value="v"/>	02:46 PM <input type="button" value="v"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="button" value="v"/>



Student Health Information



- School-based Health Center Identifier (SBHC)

- ✓ Indicates a student has been formally enrolled to receive health services through the center.
- ✓ SIS Page 129
- ✓ Person Responsible for collecting enrollment – District SBHC Coordinator
- ✓ Person Responsible entering data – APSCN Data Entry Person
- ✓ Cycle 2 through 7; continuous running total throughout the year; Enrollment status for a student remains for the rest of the school year.
- ✓ Cycle 7 Deadline- June 15th

***Intent:** To monitor the impact of an SBHC on student success and the effectiveness of state monies used for the program. State Indicators: EPSDT and Attendance Rate.

SBHC Identifier

SIS/Misc. Items	
ID: <u>10118</u> Building: Your Town Elementary Grade: 04	
<input type="button" value="Save"/> <input type="button" value="Search"/> <input type="button" value="List"/>	
Transported: Not Assigned	Travel Code: <input type="button" value="B"/> <input type="button" value="Bus"/>
Consolidated School's LEA: <input type="button" value="↓"/>	Preschool: <input type="button" value="NA"/> <input type="button" value="NOT APPLICABLE"/>
21st CCLC Program: <input type="checkbox"/>	Gifted/Talented: <input type="button" value="No"/>
Smartcore Waiver: <input type="checkbox"/>	ADH Part-Time Percentage: <input type="text"/>
Supplemental Services: <input type="checkbox"/>	Supplemental Provider: <input type="button" value="↓"/>
Facility Name: <input type="text"/>	Title I: <input type="checkbox"/>
Displaced District: <input type="text"/>	State of Displaced District: <input type="button" value="↓"/>
ACT 514 Military Dependent: <input type="checkbox"/>	ACT 514 Military Branch: <input type="button" value="↓"/>
Twin: <input type="checkbox"/>	Unaccompanied Youth: <input type="checkbox"/>
SBHC: <input type="checkbox"/>	
Birth Certificate Number: <input type="text"/>	Birth Verified: <input type="button" value="↓"/>
Distance/Miles from School: <input type="text"/>	Form 506: <input type="checkbox"/>
Medicaid Number: <input type="text"/>	Medicaid Permission: <input type="checkbox"/>
Medicaid Eligibility: <input type="checkbox"/>	Migrant Record: <input type="text"/>
Oyster ID: <input type="text"/>	
7/18/2014 9:57:12 AM carmen.jordan	
<input type="button" value="Save"/> <input type="button" value="Search"/> <input type="button" value="List"/>	



1. Student Health Information

- Student Nursing Acuity Level



- ✓ [Act 935 of 2015](#)
- ✓ Summarized information entered – total number of students per acuity level per LEA/Campus.
- ✓ Person responsible for collecting # of Students per acuity level – School Nurse
- ✓ Person responsible for entering data - School Nurse or APSCN Cycle Coordinator (State Reporting)
- ✓ Cycle 7 – June 15th

***Intent:** Monitor the student healthcare needs/professionals on an individual campus.





– School Improvement
Health and Wellness Priority



Section II: Needs Assessment

School Health Index Assessment

Hint

☐ Check box if completing the SHI Assessment online

☐ Check box if the school completed the pdf version

Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:

Body Mass Index (BMI)

Hint

☐ The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

Description/Conclusion

Other health and wellness related data (Optional)

Description/Conclusion

Hint

[Online version of the SHI Assessment](#)

[Elementary PDF version of the SHI Assessment](#)

[Middle/High PDF version of the SHI Assessment](#)

Hint

[Arkansas Center for Health Improvement \(ACHI\) Public School BMI Reports](#)



Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? (HINT: see 3 required activities)

Activity

Description

Hint
Requirement 1: Coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed.
Requirement 2: Ensure that all students served by the LEA receive grade-appropriate nutrition education.
Requirement 3: Ensure the district's wellness policy is in compliance with federal and state mandates.

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? (HINT: see 3 required activities)

Activity

Description

Hint
Requirement 1: Ensure that minimum levels of physical education and physical activity are being provided. If more than the minimum is being provided, please provide a description.
Requirement 2: Ensure that physical activity is implemented across the curriculum for all grade levels.
Requirement 3: Ensure that the district policy is in compliance with federal and state mandates.



Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture? **[HINT: see 1 required activity.]**

Hint

Activity	Person Responsible	Timeline

Hint

Requirement 1: Provide professional development for staff that includes nutrition and physical activity

Description

Goal 4: *(Optional)* How does the school address other health disparities trending among students identified from the Needs Assessment?

Activity	Person Responsible	Timeline

Description



Financial Coding

Medicaid **Source of Funds** Codes www.armits.org

✓ RESTRICTED Medicaid Codes

- ✓ Special Education ONLY (speech, occupational, physical therapy)
 - 6750 - MEDICAID

✓ NON RESTRICTED to Special Education Medicaid Codes

- ✓ Funds can be used to support health related efforts for the general student population
 - 6751 – School-based Mental Health Medicaid (Employed by district)
 - 6752 – Medicaid General Health Services – Medicaid Administrative Claiming (ARMAC)
 - 6752 – Medicaid General Health Services – Personal Care
 - 6752 – Medicaid General Health Services – Vision & Hearing
 - 6752 – Audiology

WARNING! Don't pay salaries for district employed School Nurse and/or counselor from 6752. Random Moments assess time spent addressing health in the school.



Financial Coding

Medicaid Codes: 6751 & 6752

EXAMPLES of Expenses can support:

✓ <u>District Healthcare Staff</u>	✓ <u>Health Outreach/Environ</u>	✓ <u>Individual Students</u>
PD for Nurse / MH	Salad Bar for Cafeteria	Student Eye Glasses
Health Related District PD	Staff Fitness Center	*Student Co-pay for Doc
HSW Salary	Classroom Resources – Health/PE	
CSH Coordinator Salary		

Ask yourself:

1. What is it for?
2. Can I relate this to health?

WARNING! Schools that bill Medicaid for vision/hearing screens and/or personal care must have a RN serving the district.



School Health Services

Student Health Data Resources

- School Health Index (SHI)
- Youth Risk Behavior Survey (YRBS)
- School Health Profiles (SHPs)
- Statewide BMI Report
- Arkansas Prevention Needs Assessment (APNA)
- School Nurse Survey



SHS Staff / Questions

- Medicaid in the Schools – Tracy Starks tracy.starks@searkcoop.com
- School-Based Mental Health – Elizabeth Kindall elizabeth.kindall@arkansas.gov
- Safe Schools/Health Ed – Kathleen Courtney Kathleen.Courtney@arkansas.gov
- YRBS Surveillance Coordinator – Brittany Rogers brittany.rogers@arkansas.gov
- Coordinated School Health – Audra Walters audra.walters@arkansas.gov
- School-Based Health Centers – Tamara Baker tamara.baker@arkansas.gov
- State School Nurse Consultant – Paula Smith paula.smith@arkansas.gov
- School Health Services Director– Jerri Clark jerri.clark@arkansas.gov

Office of School Health Services
Arkansas Department of Education
Four Capitol Mall, Mail Slot #14
Little Rock, AR 72201
501-683-3604

